

Morning Star Village 1160 North Mulford Road Rockford, Illinois 61107 (815)484-9500 www.livewithmorningstar.com

January 2021

Reflections on 2020 and Hope for 2021

Morning Star Village Management Team

Executive Director Jane Stivers

Director of Nursing Valina Ference

Facility Operations Director Randy MacDougall

Food Service Director Rob Bennick

Recreational Director Latonya Thomas

Community Relations Coordinator Marianne Drost



One of the biggest challenges for me this year was moving my mother from Independent Living to MSV in the middle of COVID and not being able to visit in her new apartment. My hope for 2021 is to see the virus wiped out so we can all resume our normal activities and get our economy going back in the right direction.

 \sim Diane, family member

We asked a few of our residents, staff and family members to answer these two questions for us:

- What were the biggest challenges of 2020 for you?
- What are your hopes for the New Year?
- We wanted to share some of their responses.

The biggest challenges of 2020 were not being able to go anywhere and not being able to spend time with my family and friends. My hope is that the pandemic will come under control so we can have visitors again, be able to eat in the dining room and being able to visit the beauty shop.

 $\sim Shirley,\,resident$

This year came with many challenges. I have learned to take one day at a time. It took me a while to come to the realization that I was no longer able to totally take care of myself and that I was unable to live on my own any longer. I hope to continue to make new friends and to be grateful for good health. I continue to remember that My Father in Heaven is watching over me each and every day.

~Marlene, resident

The biggest challenges of 2020 were not being able to see, touch or hug my mom for much of the year and for her not to be able to attend our holiday festivities. I look forward to getting back to normalcy in 2021, and spending time with my loved ones and friends without fear. We also look forward to sharing in fun MSV activities and family times. My granddaughter is expecting a baby in March, which will make my *mother a great, great* grandmother, so we are looking forward to a lot of baby snuggles and memory making with a new generation.

~ Lori, family member

My biggest challenge was the fear of catching this virus and not being able to go anywhere, or able to visit with my family and friends. But there is hope- thank you Jesus for hearing our prayers. I look forward to this pandemic ending this new year and pray that no one else dies from it. I look forward to life going back to the normal we once knew.

 \sim Diane, staff member

One of my biggest challenges of 2020 included me taking on a role in a new facility as the Food Service Director at Morning Star Village. I worked hard to determine the vision that all wanted for the dietary department and then to share that vision with my team. I feel like we were just getting comfortable with my new role and with the departmental changes I implemented when Covid struck (continued on back)



Employees Celebrating Work Anniversaries

Billy Way 10 Years Lisa Hougan 10 years Marianne Drost 3 Years Rob Bennick 1 Year

We

Our Staff

We welcomed new resident Betty VanAntwerp to our Morning Star Family this month.







Reflections and Hopes continued

and we had to close the dining room down. We had to completely change our routine and prepare to serve all meals in residents' apartments. The atmosphere certainly changed.

My hopes for 2021 are to get the dining room back to being what it was and to be able to serve all meals in there again. I want to help staff use their creativeness to provide delicious meals and a happy, welcoming environment.

Rob– Dietary Manager

I moved in to Morning Star Village at the end of August and was really enjoying getting to meet new people and participating in small group activities. Not less than a month after move in, we had to stay in our apartments due to Covid. I missed interacting with my new friends and being able to attend activities. I missed being able to have my family come visit me in my new apartment. By the time restrictions were lifted and we were able to come out of our apartments, I had already forgotten many of the names of people I had previously met.

My hopes for the New Year include being able to host my friends and family in my new apartment.

I look forward to being able to be active again and attend fun activities and meet new people. I also hope that people will stay healthy and be safe in this New Year.

~ Cindy, resident



Here's to a New Year full of hope, promise, good health and happiness for all!