

Dining Room Hours

Breakfast 7:30-9
Lunch 11-1
Dinner 4-6:30
Transportation



Tuesday 8:30-4

Wednesday 8:30-4

Thursday 8:30-4

March Birthday



RESIDENTS

Charlene Taylor 3rd
Wes White 6th
Jean Johnson 8th
Geraldine Pond 11th
Warren Grow 12th
Joyce Dalton 14th
Kozue Chadwick 15th
Jo Sisti 18th
Carolyn Kollberg 29th

STAFF

Jane Stivers 10th
Latonya Thomas 11th
Conchita Ramirez 24th

March 2019



Recreation Calendar



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>31</p> <p>10:00-FitWell Exercise Program 2:00-Movie & Popcorn LR 3:00-Uno Attack Game D 5:30-Bingo w Cheryl D</p>	<p>Daylight Saving Time – often referred to as "Summer Time", "DST" or "Daylight Savings Time" – is a way of making better use of the daylight in the evenings by setting the clocks Forward.</p>	<p>Happy St. Patrick's Day!</p>		<p>ZUMBA CLASS WITH LIZ ON TUESDAY'S AT 10:30AM</p>	<p>1</p> <p>8:30-Coffee & Donuts D 9:30-FitWell Exercise Program 10:00-Rosary & Comm. C 1:00-Left Right Center 2:00-Wal-Mart Outing ★L 5:30-Bingo w Kim D</p>	<p>2</p> <p>10:00-FitWell Exercise Program D 2:00-Movie & Popcorn LR 3:00-Reminiscing w Cheryl D 5:30-Bingo w Cheryl D 6:00-Mass with Father Polycarpe C</p>
<p>3</p> <p>10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Use Book Store Outing ~★L 5:30-Bingo w Cheryl D</p>	<p>4</p> <p>7:30-Sunrise Restaurant ★L 9:00-Pampered Hands D 10:00-FitWell Exercise Program 2:00-Rockford Public Library ★L 3:00-Mass w Father Fitz Patrick C 5:30-Bingo w Cheryl D</p>	<p>5</p> <p>10:00-Walking Club LR 10:30-Seated Zumba w Liz D 11:00-Mardi Gras Party D 1:00-COLORING w Music D 2:00-Larry Higga D 1:00-Kings In the Corner D</p>	<p>6</p> <p>10:00--FitWell Exercise Program 1:00--Craft Flower Therapy w/ Melody D 2:00-Connect 4 D 5:30-Bingo w Kim D</p>	<p>7</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club LR 12:00-Diners Club~ Olive Garden P★ 2:00-Sing-a-long w Marilyn 5:30-Scrabble w Kim D</p>	<p>8</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 1-4-Massage w Heather B 1:00-Kings In the Corner D 2:00-Dollar Tree ★L 5:30-Bingo w Kim D</p>	<p>9</p> <p>10:00-FitWell Exercise Program LR 10:00-Bingo w Cheryl D 1:00-Movie & Popcorn LR</p>
<p>10</p> <p>DAYLIGHT SAVING TIME 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 2:30-Harp Concert ~At Spring Creek United Church Of Christ ★L 5:30-Bingo w Kim D</p>	<p>11</p> <p>10:00-FitWell Exercise Program 1:00-Bingo w Cheryl D 3:00-Jewelry Making 4:30-Machine Shed ★L</p>	<p>12</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-COLORING w Music D 2:00-Music w Sandra & Rod Cain D 3:00-Cocktail Hour D 5:30-St. Patrick's Craft D</p>	<p>13</p> <p>10:00-FitWell Exercise Program 1:00-Animal Word Search D 1:15-Ring Toss Game D 1:30-Podiatry B 2:00-Bible Study LR 3:00-Kohls Outing ★L 5:30-Bingo w Kim D</p>	<p>14</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club 1:00-Mens Spa Day D 2:00-Dominos D 3:00-Popcorn Party D 5:30-Pokeno Bingo w Kim D</p>	<p>15</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 1:00-Wii Bowling D 2:00-CVS/Pharmacy ★L 5:30-Bingo w Kim D</p>	<p>16</p> <p>10:00-FitWell Exercise Program LR 10:00-Bingo w Kim D 1:00-Movie & Popcorn LR 6:00-Mass with Father Polycarpe C</p>
<p>17</p> <p>Happy St. Patrick's Day 10:00-Irish Dancers D 10:00-Protestant Service LR 2:00-Hymns w Grace Reformed Church D 2:30-Movie & Popcorn LR 3:30-Bingo w Cheryl D</p>	<p>18</p> <p>9:00-Pampered Hands D 10:00-Fitwell Exercise Program 1:00-Dominoes D 2:00-Resident Council LR 3:00-Eye Hand Coordination Game 5:30-Bingo w Cheryl D</p>	<p>19</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-COLORING w Music D 2:00-Stan & Carol Show D 3:15-Refreshment & Social D 5:30-Game Night w Kim D</p>	<p>20</p> <p>10:00-FitWell Exercise Program 2:00-Bingo w Kim D 4:00-Benedettis In Beloit ★L</p>	<p>21</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club LR 1:00-Mya The Therapy Dog D 2:15-Painting Ceramics D 5:30-Scrabble w Kim D</p>	<p>22</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 1-4-Massage w Heather B 1:00-Pick - up Sticks D 2:00-Cherryvale Mall Outing 5:30-Bingo w Kim D</p>	<p>23</p> <p>10:00-FitWell Exercise Program D 2:00-Music Recital w First Baptist Church D 2:30-Movie & Popcorn LR 3:00-Bingo w Kim D 4:30-Lino's Outing w Kim</p>
<p>24</p> <p>10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Trivia w Cheryl D 5:30-Bingo w Kim D</p>	<p>25</p> <p>9:00-Pampered Hands D 10:00-FitWell Exercise Program 1:00-Bunco D 2:00-Bingo at St. Anne's Center 5:30-Bingo w Cheryl D</p>	<p>26</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 2:00-Music w James G D 2:30-Bloody Mary Bar D 5:30-Diners Club~ Lou Malnati's Pizzeria P★</p>	<p>27</p> <p>10:00-FitWell Exercise Program 1:00-Animal Word Search D 2:00-Protestant Services LR 3:00-Root Beer Floats D 5:30-Bingo w Kim D</p>	<p>28</p> <p>10:00-FitWell Exercise Program D 10:30-Walking Club LR 1:00-Balloon Volleyball D 2:00-Laughter Yoga w Deb D 3:00-Pokeno Bingo w Kim D</p>	<p>29</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 1:00-Left Right Center 2:00-Five Below ★L 5:30-Bingo w Kim D</p>	<p>30</p> <p>10:00-FitWell Exercise Program 2:00-Movie & Popcorn LR 3:00-Cooking Club~ D 5:30-Bingo w Cheryl D</p>
			<p>Bobbi is here Monday & Wednesday's at 10am to teach exercises.</p> <p>★ = Sign Up Sheet at Front</p>		<p>★Professional Manicures★ Every Wednesday \$8.00 Must sign-up at the Front desk prior to Friday</p>	

P- Private Dining Room C- Chapel (3rd floor) D- Dining Room

NS- Nurses Station B- Beauty Shop CR- Conference Room L- Lobby