



Dining Room Hours

Breakfast 7:30-9:00
Lunch 11:00-1:00
Dinner 4:00-6:30

Transportation Schedule



Tuesday 8:30-4
Wednesday 8:30-4
Thursday 8:30-4

February Birthdays

RESIDENTS

Eileen Johns 16th
Bernie Kraemer 16th
Gloria Wegryn 25th

STAFF

Sherry Piper 5th
Susan Smith 8th
Gloria Garcia 17th
Diana Casas 18th
Snjezana Rajak 21st



Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>★Valentines Grams★</p> <p>Valentine's grams will be available for \$1.00 at the front desk. Why not send your neighbor one :)</p>	<p>Bobbi is here Monday & Wednesday's at 10am to teach exercises.</p>				<p>1</p> <p>8:15-Coffee & Donuts D 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 12:00-Wal-mart Outing ★L 5:30-Bingo w Kim D</p>	<p>2</p> <p>10:00-FitWell Exercise Program D 2:00- Movie & Popcorn LR 3:00-Bunco D 5:30-Bingo w Cheryl D 6:00-Mass with Father Polcarpe C</p>
<p>3</p> <p>10:00-Protestant Service LR 1:00-Movie & Popcorn LR 2:00-Bingo w Cheryl D 5:30-Super Bowl Party w Cheryl LR</p>	<p>4</p> <p>9:00-Pampered Hands D 10:00-FitWell Exercise Program 1:00-Valentine's Word Search Puzzles D 2:00-Rockford Public Library ★L 5:30-Bingo w Cheryl D</p>	<p>5</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w Chip Messner D 3:00-Refreshments & Social D 5:30-Spelling Bee D</p>	<p>6</p> <p>9:00-Podiatry B 10:00-FitWell Exercise Program 1:00-Craft Flower Therapy w/ Melody D 4:00-Bingo w Kim D</p>	<p>7</p> <p>10:00-FitWell Exercise Program 10:30- Walking Club D 12:00-Diners Club~ Culver's ★P 2:00-Music w Marilyn Haverly D 3:15-Pokeno Bingo w Kim D</p>	<p>8</p> <p>7:30-Sunrise Restaurant ★L 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:00-Balloon Volleyball D 1-4-Massage w Heather B 2:00-Farm + Fleet Outing ★L 5:30-Bingo w Kim D</p>	<p>9</p> <p>10:00-FitWell Exercise Program D 2:00-Harlem Community Center Cheerleaders D 3:00-Movie & Popcorn LR 5:30-Bingo w Kim D</p>
<p>10</p> <p>10:00-Protestant Service LR 2:00- Movie & Popcorn LR 3:00-Valentine's-Craft D 5:30-Bingo w Kim</p>	<p>11</p> <p>9:00- Pampered Hands D 10:00-FitWell Exercise Program 1:00-Dominoes D 2:00-Bingo w Latonya D 4:00-Tavern On Clark ★L</p>	<p>12</p> <p>10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 1:00-Left Right Center Game D 2:00-Music w Sandra & Rod Cain D 3:00-Refreshments & Social D 4:00-Game Night D</p>	<p>13</p> <p>10:00-FitWell Exercise Program 1:00-Mens Spa Day D 2:00-Bible Study LR 3:00-Pie Party D 5:30-Bingo w Kim D</p>	<p>14</p> <p>Valentine's Day</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program 10:30-Walking Club D 1:00-Uno Attack Game D, 3:00-Valentine's Party D 5:30-Scrabble w Kim D</p>	<p>15</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:00-Kings In the Corner Card Game D 2:00-Walgreens Outing ★L 5:30-Bingo w Kim D</p>	<p>16</p> <p>10:00-FitWell Exercise Program D 2:00-Music Recital with Second First Church D 3:00-Movie & Popcorn LR 5:30-Bingo w Cheryl D 6:00-Mass with Father Polcarpe</p>
<p>17</p> <p>10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Cherryvale Mall Outing 5:30-Bingo w Cheryl D</p>	<p>18</p> <p>9:00-Pampered Hands D 10:00-FitWell Exercise Program 1:00-By Color Number D 2:00-Bingo at St. Anne's Center ★L 5:30-Bingo w Cheryl D</p>	<p>19</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music Janet Lieb D 3:00-Ice Cream Sundaes D 5:00-Diners Club~ Dog Haus ★P</p>	<p>20</p> <p>10:00-FitWell Exercise Program 12:00-Kohls Outing ★L 2:00-Resident Council LR 3:00-Cocktail Hour D 5:30-Bingo-w Kim D</p>	<p>21</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program 10:30-Walking Club D 1:00-Tea Party D 2:00-Laughter Yoga w Deb D 3:00-Dominoes 5:30-Pokeno Bingo w Kim D</p>	<p>22</p> <p>9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 12:00-Target Outing ★L 1-4-Massage w Heather B 2:30-Bingo w Latonya D 4:30-Shogun Outing ★L</p>	<p>23</p> <p>10:00-FitWell Exercise Program D 2:00-Movie & Popcorn LR 3:00-Painting Mardi Gras Masks D 5:30-Bingo w Kim D</p>
<p>24</p> <p>10:00-Protestant Service LR 2:00- Movie & Popcorn LR 5:30-Watercolor Painting D 5:30-Bingo w Kim D</p>	<p>25</p> <p>9:00-Pampered Hands D 10:00-FitWell Exercise Program 10:45-Applebee's Outing ★L 2:00-Dominoes D 3:00-Mass w Father Fitz Patrick 5:30-Bingo w Cheryl D</p>	<p>26</p> <p>10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 1:00-Kings In the Corner Card Game D 2:00-Music w Tom Stanfield D 3:00-Eye Hand Coordination Game 5:30-Wine And Cheese Hour D</p>	<p>27</p> <p>10:00-FitWell Exercise Program 1:00-Balloon Volleyball D 2:00-Protestant Services LR 3:00-Cooking Club 5:30-Bingo w Kim D</p>	<p>28</p> <p>9:00-Hand Massages D 10:00-FitWell Exercise Program 10:30-Walking Club D 1:00-Euchre D 2:00-Making Banana Splits D 5:30-Scrabble w Kim D</p>	<p>★Professional Manicures★ Every Thursday \$8.00 Must sign-up at the Front desk prior to Friday</p>	

★ = Sign Up Sheet at Front

Room Key P- Private Dining Room C- Chapel (3rd floor) D- Dining Room NS- Nurses Station
 B- Beauty Shop CR- Conference Room L- Lobby LR- Living Room

