

November 2018



Recreation Calendar

Dining Room Hours

Breakfast 7:30-9
Lunch 11-1
Dinner 4-6:30

Transportation Schedule

Tuesday 8:30-4

Wednesday 8:30-4

Thursday 8:30-4



November Birthdays

RESIDENTS

Dorothy Bonne 2nd
Dan Istad 18th
Theresa Rampenthal 28th
Lucille Zinser 30th

STAFF

Silvia Sepulveda 3rd
Bruce Pape 16th
April Lejeune 17th



Sun	Mon	Tue	Wed	Thu	Fri	Sat
 4 Daylight Saving Time 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Dominoes D 5:30-Bingo w Kim D 	Bobbi is here Monday & Wednesdays to teach exercise. 5 10:00-FitWell Exercise Program LR 10:30-Pampered Hands D 1:00-Reminiscing About the Good Ol' Days D 2:00-Veteran Ceremony D 3:00-Mass w Father Fitz Patrick C 5:30-Bingo w Cheryl D	Liz is here on Tuesdays to teach seated Zumba exercises. 6 10:00-Walking Club L 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w James Giacalone 3:00-Popcorn Party D 5:30-Spelling Bee w Kim	 7 10:00-FitWell Exercise Program LR 1:00-Craft~ Flower Therapy w Melody D 2:45-Bingo w Kim 4:15-OutBack Steak House ★L 5:30-Meet & Greet w Select Rehab D	1 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club D 12:00-Diners Club: Popeye's Chicken 2:00-Sing-a-long w Marilyn D 5:30-Scrabble w Kim D 	2 8:30-Coffee & Donuts D 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:00-Thanksgiving Word Search D 2:00- Wal-Mart Outing ★L 5:30-Pokeno w Kim D	3 10:00-FitWell Exercise Program D 2:00-Movie & Popcorn LR 3:00-Memory Game D 5:30-Bingo w Kim D 6:00-Father Polycarpe Mass C
11 Veteran's Day 10:00-Protestant Service L 2:00-Movie & Popcorn LR 3:00-Goodwill Outing w Cheryl ★L 	12 10:00-FitWell Exercise Program LR 10:30-Pampered Hands D 1:00-Eye Hand Coordination Game D 2:00-Rockford Public Library ★L 5:30-Bingo w Cheryl D	13 10:00-Walking Club L 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w Harlan Jefferson D 3:15-Canvas Painting D 6:30-Music w Saved Grace D 	14 10:00-FitWell Exercise Program LR 1:00-Uno Attack D 2:00- Bible Study w Sharon LR 3:15-Kohls Outing ★L 5:30-Bingo w Kim D 	15 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club L 1:00-Kings In the Corner D 2:00-Laughter Yoga w Deb D 3:00-Tea Party D 5:30-Thanksgiving Craft w Kim D	16 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:00-Euchre D 2:00-Dollar Tree ★L 5:30-Pokeno w Kim D 	17 10:00-FitWell Exercise Program D 11:30-Tupperware Party w Deanna 2:00-Movie & Popcorn LR 3:00-Color By Numbers D 5:30-Bingo w Kim D 6:00- Father Polycarpe Mass C
18 10:00-Protestant Service LR 12:00-Bingo w Boy Scout Troop 411 D 2:00-Hymns w Grace Reformed Baptist Church D 3:00-Movie & Popcorn LR 5:30-Jepordy D	19 10:00-FitWell Exercise Program LR 10:30-Pampered Hands D 12:00-Bingo w Latonya D 2:00-Bingo at St, Anne's ★L 4:15-City Buffet (Chinese) ★L 	20 10:00-Walking Club L 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w Larry Higgs D 3:00-Rootbeer Float Party B 3:30-500 Card Game D 	21 10:00-FitWell Exercise Program LR 11:15-JMK Outing ★L 2:00-Resident Council LR 3:15-Bingo w Latonya D 	22 Happy Thanksgiving 10:00-Exercise w RA'S D 3:00-Movie & Popcorn LR 	23 FULL MOON 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:00-Thanksgiving Trivia D 2:00-Valli Produce ★L 5:30-Bingo w Kim D 	24 10:00-FitWell Exercise Program D 2:00-Movie & Popcorn LR 3:00-Scenic Drive ★L 5:30-Bingo w Cheryl D
25 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Cooking Club D 5:30-Bingo w Cheryl D 	26 10:00-FitWell Exercise Program LR 10:30-Pampered Hands D 1:00-Word Search D 4:45-Bingo w Cheryl D 6:30-Fellowship Men's Choir D	27 10:00-Walking Club L 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Christmas Tree Lighting Ceremony D 3:30-Computer Lessons 2nd Floor 5:30-Wine And Cheese Hour D	28 10:00-FitWell Exercise Program LR 1:00-Right Left Center Game D 2:00-Protestant Services Sharon LR 3:15-Refreshments & Social D 5:30-Bingo w Kim D	29 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club L 11:00-Indoor Picnic D 3:00-Cocktail Hour-Making Manhattans D 5:30-Scrabble w Kim D	30 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program D 1:30-Bingo w Latoya D 3:30-Uno Attack D 4:00-Olive Garden ★L 	

Room Key

★ = Sign Up Sheet at Front

A- Activities (2nd floor) C- Chapel (3rd floor) D- Dining Room E- Exercise Room

CR- Conference Room J- Jockey Room L- Lobby LR- Living Room



Morning Star Village