



Dining Room Hours

Breakfast 7:30-9
Lunch 11-1
Dinner 4-6:30

Transportation

Schedule

Tuesday 8:30-4
Wednesday 8:30-4
Thursday 8:30-4

December Birthdays

RESIDENTS

Jean Steffe 5th
Jane Brandstetter 7th
Patricia Wickwire 7th
Billie Casey 27th

STAFF

Lou Dallman 3rd
Shelese Meadows 3rd
Megan Benzel 16th
Paula Collins 23rd
Luciette Bevineau 28th



Happy Holidays

Sun	Mon	Tue	Wed	Thu	Fri	Sat
30 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00-Kings In the Corner w 5:30-Bingo w Kim D 	31 New Years Eve 10:00-FitWell Exercise Program LR 12:00-Bingo w Cheryl D 2:30-New Years Eve Party D 	Liz is here on Tuesday's to teach seated Zumba exercises. 	ATTENTION RESIDENTS If you are interested in doing Flower Therapy please sign up at the front desk.			1 10:00-FitWell Exercise Program D 12:00-Bingo w Kim D 2:00-Mucis Recital w Greater Rockford Music Student's D 3:15-Movie & Popcorn LR 4:50-Songs w Alpine Kiwanis Club D 6:00-Mass with Father Polycarpe C
2 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 2:30-Christmas Concert At St. Mark Church (Free Event) ★L 5:30-Bingo w Kim D 	3 7:45-Stockholm Inn ★L 10:30-Pampered Hands D 10:00-FitWell Exercise Program LR 12:30-Rockford Public Library ★L 2:00-Making Fleece Scarves For The Homeless D 3:00-Mass w Father Fitzpatrick 5:30-Bingo w Cheryl D	4 10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w Chip Messner D 3:00-Ice Cream Sundaes D 5:30-Spelling Bee w Kim D 	5 10:00-FitWell Exercise Program LR 1:00-Craft Flower Therapy w Melody D 3:15-Kohls Outing ★L 5:30-Bingo w Kim D 	6 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club D 12:00-Diners Club: Olive Garden ★P 2:00-Music w Marilyn Haverly D 3:00-Euchre D 5:30-Scrabble w Kim D	7 8:15-Coffee & Donuts D 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 3:00-Eye Hand Coordination Game D 2:00- Wal-Mart Outing ★L 5:30-Bingo w Kim D	8 10:00-FitWell Exercise Program D 11:00-Paparazzi Jewelry w Janice Davis D 12:45-Movie & Popcorn LR 2:30-Bingo w Cheryl D 4:30-Music w Christ United Methodist Church D 5:30-Festival of Lights Outing w
9 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 2:30-Cooking Club~ Making Christmas Cookies D 5:30-Bingo w Cheryl D	10 10:00-FitWell Exercise Program LR 1:00-Christmas Word Search Puzzles D 2:00-Bingo at St. Anne's Center ★L 5:30-Bingo w Cheryl D	11 10:00-Walking Club D 10:30-Seated Zumba w Liz D 1:00-Coloring w Music D 2:00-Music w Carl & Diana Cole 3:00-Right Left Center Game D 5:30-Christmas Craft D	12 10:00-FitWell Exercise Program LR 10:00-Rockford VietNow Christmas D Veteran's Ceremony D 2:00- Bible Study D 4:30-Music w Janet Lieb D 6:00-Bingo w Kim D	13 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club D 1:00-Uno Attack D 2:00-Music w Mel Gustafson 3:00-Dominoes 5:30-Q Tip Painting w Kim D	14 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program 12:00-Walgreens Outing ★L 2:30-Bingo w Latonya D 4:15-Golden Corral Outing ★L	15 10:00-FitWell Exercise Program D 2:00-Cookies and Coca w Santa D 3:15-Movie & Popcorn LR 5:30-Bingo w Kim D 6:00-Mass with Father Polycarpe C
16 10:00-Protestant Service LR 2:00-Movie & Popcorn LR 3:00 -Crafts Jewelry Making D 5:30-Bingo w Kim D 	17 9:15-Pampered Hands D 10:00-FitWell Exercise Program LR 1:00-Uno Attack D 2:00-Bingo w Latonya D 4:15-Hoffman House ★L 	18 10:00-Walking Club D 10:30-Seated Zumba w Liz D 10:00-Walking Club D 1:00-Coloring w Music D 2:00-Music w Bill Stevens D 3:00-Euchre D 5:30-Bunco Game D	19 10:00-FitWell Exercise Program LR 1:00-Reminiscing w Christmas Stories D 2:00-Resident Council D 3:00-Refreshments & Social D 5:30-Bingo w Kim D 	20 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:30-Walking Club D 2:00-Music w Tom Stanfield 2:15-Residents Christmas Party D 5:30-Scrabble w Kim D 	21 9:30--Rosary & Comm. C 10:00-FitWell Exercise Program 1:00-Kings In the Corner Card Game D 1:30-Cherryvale Mall Outing ★L 5:30-Bingo w Kim D 	22 10:00-FitWell Exercise Program D 12:00- Movie & Popcorn w LR 12:30-Bingo w Cheryl D 2:00-Small Christmas Play w Age Quake Theater D
23 10:00-Protestant Service LR 2:00- Movie & Popcorn LR 5:30-Bingo w Cheryl D 	24 CHRISTMAS EVE 10:00-FitWell Exercise Program LR 12:00-Christmas Movie & Popcorn LR 2:00-Bingo w Cheryl D 	25 MERRY CHRISTMAS 1:00-Music w Faye Seeman & Kaethe Durham D 3:00-Pokeno w Kim D 	26 10:00-FitWell Exercise Program LR 1:00-Balloon Volleyball D 2:00-Protestant Services D 3:00-Color By Numbers D 5:30-Bingo w Kim D 	27 9:00-Hand Massages D 10:00-FitWell Exercise Program D 10:00-Walking Club D 5:30-Wine And Cheese Hour D 	28 9:30-Rosary & Comm. C 10:00-FitWell Exercise Program LR 1:00-Dominoes 2:00-Target Outing ★L 5:30-Bingo w Kim D 	29 10:00-FitWell Exercise Program D 2:00- Movie & Popcorn w LR 3:00-Meet & Greet Social Hour D 5:30-Bingo w Kim D

Room Key ★ = Sign Up Sheet at Front

A- Activities (2nd floor) C- Chapel (3rd floor) D- Dining Room
CR- Conference Room J- Jockey Room L-Lobby LR- Living Room

